

# GOUPMET FOOD PARLOUR

2 Course €28 | 3 Course €33

## Starters

### CHICKEN WINGS

Louisiana chicken wings, celery sticks, blue cheese aioli  
[1.1, 4, 5, 8, 10, 11, 12, 14]

### HOT HONEY CRISPY CHICKEN

Served with garlic aioli. [1.1, 4, 5, 8, 11]

### ROASTED RED PEPPER HUMMUS

Smoked paprika, artichoke hearts, olives, roasted chickpeas, garlic-crusted sourdough  
[1.1, 11,] [VE] [GF] option available

### HOMEMADE CRISPY CALAMARI

Lightly fried calamari, nduja aioli  
[1.1, 4, 5, 8, 10]

## Main Course

### WILD MUSHROOM & CRISPY DUCK PASTA

Wild mushrooms, porcini prosecco creamy sauce, fresh tagliatelle pasta topped with stracciatella, crispy duck and basil-infused oil. [1.1, 4, 5, 8, 12]

### GFP SMASH BURGER

Two premium Irish beef patties, American cheese, caramelised onion, pickles, secret GFP sauce, brioche bun, rustic fries [1.1, 4, 5, 8, 10]

### GRILLED HALLOUMI BURGER

Roasted Red peppers, Pico de Gallo, crispy lettuce, brioche bun, basil mayonnaise, served with sweet potato fries  
[1.1, 4, 5, 8] [V]

### BUTTERNUT SQUASH RISOTTO

A velvety coconut milk risotto infused with roasted butternut squash and a hint of chilli, topped with toasted pumpkin seeds. [VE] [12, 14]

### SLIZLING CHICKEN FAJITAS

Sizzling chicken fajitas with seasoned peppers and onions, served with rustic fries, warm tortilla wraps, fresh guacamole, and sour cream.  
[1.1, 4, 8, 10]

## Desserts

Please ask your server

Early Bird Menu





# GORUMET FOOD PARLOUR

## *Early Bird Menu*

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### ALLERGEN KEY

The above MENU contains allergens, as indicated in the key below.

- 1. CONTAINS GLUTEN (1.1 Wheat 1.2 Rye 1.3 Barley 1.4 Oats) | 2. CONTAINS NUTS (2.1 Almonds 2.2 Hazelnuts 2.3 Walnuts 2.4 Cashews 2.5 Pecan Nuts 2.6 Brazil Nuts 2.7 Pistachio Nuts 2.8 Macadamia/Queensland nut) | 3. CONTAINS PEANUTS | 4. CONTAINS MILK |
- 5. CONTAINS EGGS | 6. CONTAINS FISH | 7. CONTAINS CRUSTACEANS (7.1 Crab 7.2 Prawns 7.3 Lobsters 7.4 Crayfish) | 8. CONTAINS SOYBEANS | 9. CONTAINS MOLLUSCS (9.1 Mussels 9.2 Oysters 9.3 Squid 9.4 Snails) | 10. CONTAINS MUSTARD | 11. CONTAINS SESAME SEEDS | 12. CONTAINS SULPHUR DIOXIDE & SULPHITES | 13. CONTAINS LUPIN | 14. CONTAINS CELERY

[GF] GLUTEN FREE · [V] VEGETARIAN · [VE] VEGAN

Customers: All products & ingredients are stored, prepared, and handled in an environment where food allergens are used. We have implemented controls & procedures through our HACCP System to reduce the risk of cross-contamination, but we cannot guarantee the absence of allergen ingredient transfer. We have screened the ingredients in our dishes for the direct allergens they contain.