

Valentine's
Day

GOURMET
FOOD PARLOUR

Lunch Menu €35pp

Prosecco to Start

SOUP OF THE DAY

Served with crusty sourdough
[1.1, 4, 11] [V]

BONELESS CHICKEN BITES

Plain, Louisiana, or BBQ bourbon
sauce, garlic aioli or blue cheese
dip
[1.1, 4, 5, 8, 11, 14]

GFP CHICKEN WINGS

Louisiana sauce or BBQ bourbon sauce,
garlic aioli or blue cheese dip
[1.1, 4, 5, 8, 10, 11, 12, 14]

TORPEDO PRAWNS

Panko tiger prawns served with chilli
jam
[1.1, 7.2]

CAJUN CHICKEN QUESADILLAS

Monterey Jack cheese, Tex-Mex salsa, guacamole & sour cream dips, rustic fries
[1.1, 4, 5, 8, 12]

GFP SMASH BURGER

Two premium Irish beef patties, American cheese, caramelised onion, pickles,
secret GFP sauce, brioche bun, rustic fries [1.1, 4, 5, 8, 10]
Add an extra patty with cheese + €3.5

CHICKEN CHORIZO LINGUINE

Prosecco & cream sauce, sundried tomatoes, rocket, fresh parmesan
[1.1, 4, 5, 8, 12, 14]

PROTEIN SALMON BOWL

Ballycotton Oak Smoked Salmon, fragrant rice, slow roast
peppers, fresh avocado, pickled red onion, edamame beans,
black sesame seeds, spicy jerk mayo drizzle
[1.1, 4, 5, 6, 8, 10, 11] [GF]

Vegan option: Change for hot honey grilled tofu +€2.5 [VE] [8]

TO FINISH

Choose from our selection of coffee, iced coffee or tea

Valentine's Day

GOURMET FOOD PARLOUR

Dinner Menu €52pp

Prosecco to Start

Starters

PORCINI & TRUFFLE ARANCINI

Porcini mushrooms, parmesan & truffle stuffed risotto bites served with truffle aioli, parmesan crisp
[1.1, 4, 5, 8, 12] [V]

LOUISIANA CHICKEN WINGS

Black & white sesame seeds, celery, blue cheese aioli
[1.1, 4, 5, 8, 10, 11]

PEACH & STRACCIATELLA SALAD

Maple caramelised peach, stracciatella, watercress, rocket, crushed pistachios, crunchy sourdough [1.1, 2.7, 4, 12] [GF]

BRAISED BEEF CROQUETTES

Slow-braised beef croquettes, caramelised onion, peppercorn mayo [1.1, 4, 5, 12]

Mains

SLOW-BRAISED IRISH BEEF

Feather blade braised in red wine, served with creamy mash, black sesame French beans, glazed heritage carrots, rich port jus [4, 8, 10, 11, 12, 14]

CHICKEN SUPREME

Lemon and garlic roasted chicken supreme with creamy mushroom sauce, smoked bacon crumb, mash potato, tender stem broccoli [4, 8, 12, 14]

GFP SMASH BURGER

Two premium Irish beef patties, American cheese, caramelised onion, pickles, secret GFP sauce, brioche bun, onion rings, rustic fries [1.1, 4, 5, 8, 10]

PRAWN & NDUJA RIGATONI

Tiger prawns, Nduja, caramelised shallots, sundried tomato, prosecco & cream sauce topped with freshly grated Parmesan & herb crumb.
[1.1, 4, 5, 7.2, 12]

ASPARAGUS & SPINACH RISOTTO

Asparagus, baby spinach, green peas & mint risotto, toasted seeds, rocket. [2.7] [VE][GF]

CHEF'S SPECIAL

Please ask your server

Dessert

Macarons, vanilla & raspberry cheesecake, crushed meringue, raspberry gel, chocolate strawberries
[1.1, 2, 3, 4, 5, 8, 15]