

KITCHEN ITALIAN

DRINKS

WHITE WINE

OPAWA SAUVIGNON BLANC, MARLBOROUGH, NEW ZEALAND [12]

€9 / €37

The palate is refreshing and intense, displaying crisp citrus notes and passionfruit flavours.

DE PAULO PINOT GRIGIO, TRIESTE, ITALY [12]

€8.5/ €33

Straw colour, this pinot grigio displays a long-lasting fruity bouquet.

MORGAN BAY CHARDONNAY, CALIFORNIA USA [12]

€8.5/€33

This Chardonnay has a bright gold appearance with a fresh clean nose of lemon, pear and apple.

CUATRO RAYAS LASECA VERDEJO, RUEDA, SPAIN [12]

€8.5/€32

Straw yellow with green hues, bright, fresh and balanced aromas, typical of the variety.

RED WINE

DOPPIO PASSO PRIMITIVO, SALENTO PUGLIA, ITALY [12]

€8.5 / €34

A dense bouquet of black fruits such as cherries, blackberries and plums, complemented by inviting cocoa notes.

MAISON DE LA VILLETTE CABERNET SAUVIGNON, FRANCE [12]

€8.5 / €34.5

Elegant notes of liquorice, roasted coffee beans and dark chocolate melted with fruity aromas of black cherries and a spicy touch of cinnamon.

CATENA MALBEC, VISTA FLORES MENDOZA, ARGENTINA [12]

€10 / €42

Elegantly structured showing ripe blackberry and blackcurrant fruit flavours and plenty of peppery spice.

MARQUES DE CACERES EXCELLENS CUVÉE ESPECIAL TEMPRANILLO, RIOJA SPAIN [12]

€9 / €34

Bouquet of ripe fruit and refined oak confirming its meticulous ageing in barrel.

BUBBLES

SERENA SPAGO, PROSECCO €9.5 / €36

Brilliant hue and inviting, faintly citrus-like aromas

SANTA MARGHERITA PROSECCO FRIZZANTE, VENETA, ITALY [12]

€9 / €35

Its brilliant hue and inviting, faintly citrus-like aromas lead into a palate that is agreeably fresh and fruity. The light, elegant perlage freshens the palate and makes this wine excellent for pairing even with quite complex dishes.

ROSÉ

MARQUES DE CACERES EXCELLENS ROSÉ, RIOJA, SPAIN [12]

€9 / 35

The Marques de Caceres Excellens rose is an attractive, pale rosé colour with rose petals and refined notes of peaches on the nose. Silky-smooth and balanced in the mouth with delicate flavours of mature white peaches and pears. Its character comes through delicately on tasting with a touch of vivacity highlighting its freshness. Succulent with a nice finish.

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COCKTAILS

APEROL SPRITZ €10

Aperol liqueur, prosecco, soda water

LIMONCELLO FIZZ €10

Limoncello liqueur, prosecco

SC

AMALFI SPRITZ €10.50

Elderflower liqueur, strawberry, mint, prosecco, soda water

AMARETTO SOUR €12

Amaretto liqueur, lemon juice, bitters

HOT DRINKS

ESPRESSO	€3.25
AMERICANO	€3.80
CAPPUCCINO [4]	€4.40
LATTE [4]	€4.40
FLAT WHITE [4]	€4.20
MOCHA [4]	€4.50
CHAI LATTE [4]	€4.40
HOT CHOCOLATE [4]	€4.40
IRISH BREAKFAST TEA	€3.75
ORGANIC TEA SELECTION	€3.75
Camomile / Peppermint /Earl Grey Green Tea / Decaf	
Parlour House Blend coffee used, supplied and blended in Ireland by Findlaters	

COLD DRINKS

HOMEMADE SMOOTHIES	
BERRY NICE	€6
Mixed berries, banana, milk, honey [4]	
TROPICAL	€6
Papaya, pineapple, mango, kiwi, coconut	
KEELINGS FRESH JUICES	€4.50
Apple/Orange	
ALL ABOUT KOMBUCHA	€4.50
Ginger & Lemon Organic / Raspberry	
MINERALS	€3.75
Coke / Coke Zero / 7up /7up Free / Club Orange	
FIOR UISCE WATER	€2.75 /€5.50
Still or Sparkling	
SICILIAN LEMONADE	€7
Freshly squeezed lemon juice, basil, soda	
PEACH & MINT LEMONADE	€7
Freshly squeezed lemon juice, peach, mint, soda	

At Gourmet Food Parlour, we prioritise high-quality ingredients by sourcing locally for 19 years, Our fare is shaped by long-standing relationships with Irish producers, where local ingredients are sourced via sustainable practices. From the farm to your table, we serve only the freshest seasonal produce, along with premium Irish beef and chicken. Healthy, nutritious, and always full of flavour.

ALLERGEN KEY

The above MENU contains allergens, as indicated in the key below.

1. CONTAINS GLUTEN (1.1 Wheat 1.2 Rye 1.3 Barley 1.4 Oats) | 2. CONTAINS NUTS (2.1 Almonds 2.2 Hazelnuts 2.3 Walnuts 2.4 Cashews 2.5 Pecan Nuts 2.6 Brazil Nuts 2.7 Pistachio Nuts 2.8 Macadamia/Queensland nut) | 3. CONTAINS PEANUTS | 4. CONTAINS MILK | 5. CONTAINS EGGS | 6. CONTAINS FISH | 7. CONTAINS CRUSTACEANS (7.1 Crab 7.2 Prawns 7.3 Lobsters 7.4 Crayfish) | 8. CONTAINS SOYBEANS | 9. CONTAINS MOLLUSCS (9.1 Mussels 9.2 Oysters 9.3 Squid 9.4 Snails) | 10. CONTAINS MUSTARD | 11. CONTAINS SESAME SEEDS | 12. CONTAINS SULPHUR DIOXIDE & SULPHITES | 13. CONTAINS LUPIN | 14. CONTAINS CELERY
[GF] GLUTEN FREE • [V] VEGETARIAN • [VE] VEGAN