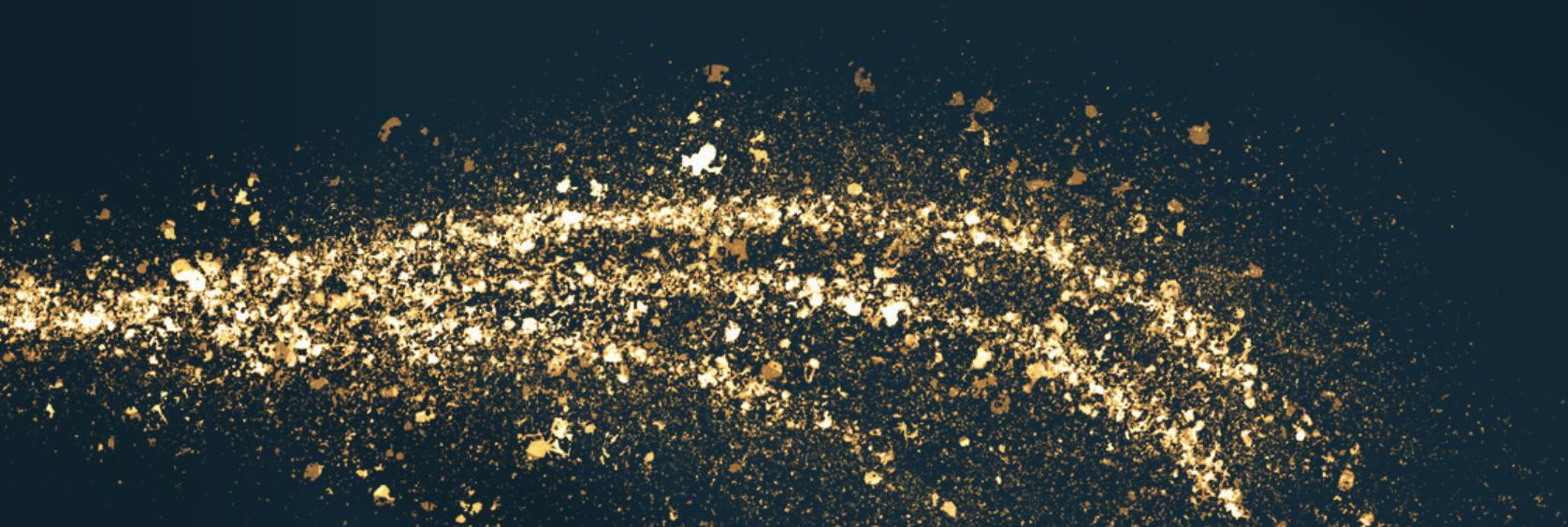


# GOURMET FOOD PARLOUR

JOIN US FOR THE **HOLIDAY** SEASON





#### **DUN LAOGHAIRE**

Unit 3 Harbour Sq.  
Crofton Road  
Dun Laoghaire  
Co. Dublin  
A96 E9P7

#### **DUNSHAUGHLIN**

Fingal Court  
Main St  
Dunshaughlin  
Co. Meath  
A85 EC44

#### **MALAHIDE**

Gannon Park  
Coast Road  
Malahide  
Co. Dublin  
K36 YA97

#### **SWORDS**

North Street  
Swords  
Co. Dublin  
K67 P825

#### **SANTRY**

Northwood Avenue  
Northwood Plaza  
Santry Demense  
Santry, Dublin 9  
D09 P832

#### **SALTHILL**

14 Lenaboy Gardens  
Salthill  
Galway  
H91 A37N



+353 1 895 7565



[reservations@gourmetfoodparlour.com](mailto:reservations@gourmetfoodparlour.com)



[www.gourmetfoodparlour.com](http://www.gourmetfoodparlour.com)





## THIS CHRISTMAS SEASON AT YOUR LOCAL GOURMET FOOD PARLOUR

Whether it's an end of year outing with your team, a Christmas catch up with friends, or you're just looking to have the family get-together somewhere where you won't have to do the cleaning-up afterwards. Gourmet Food Parlour has your Christmas covered this festive season!

### WHAT WE PROVIDE

- Christmas Set Menus catering to groups of any size
- Locally Sourced Irish Artisan produce of exceptional quality
- Christmas at Home Hamper, prepared by our team for you to serve at home.
- Venue Hires in which to host your Christmas celebration
- Bookings for Breakfast, Lunch & Dinner
- Dedicated Reservations Team to assist with your booking
- Looking for something in particular? No problem, we're here to help.

Get in touch today and let us help you plan your Christmas event!

### OUR TEAM

Email [reservations@gourmetfoodparlour.com](mailto:reservations@gourmetfoodparlour.com)

Phone +353 1 895 7565

Christmas food and fare made for

*you*

# GOURMET FOOD PARLOUR



# CHRISTMAS LUNCH SET MENU



*2 Course €28 | 3 Course €32*

Welcome drink on arrival - Prosecco, Wine or Christmas Spritzer €7.50

## *Mains*

### *Starters*

#### **SOUP OF THE DAY**

Served with homemade brown bread.  
[ask server][V]

#### **BUFFALO CHICKEN WINGS**

Celery sticks, blue cheese aioli.  
[1.1, 4, 5, 8, 10, 11, 12, 14]

#### **TORPEDO PRAWNS**

Chili jam, charred lemon.  
[1.1, 7.2]

#### **CAJUN CHICKEN CAESAR SALAD**

Baby gem, croutons, parmesan cloud,  
basil caesar dressing.  
[1.1, 4, 5, 6, 10]

#### **BUFFALO TEMPURA CAULIFLOWER BITES**

Tzatziki style vegan yoghurt dip.  
[1.1, 8] [VE]

#### **GFP ROAST**

Roast turkey, homemade baked ham, brussels  
sprouts, creamy mash potato, onion & sage stuffing,  
chefs gravy.  
[1.1, 4, 8, 10, 12, 14]

#### **THAI STYLE PRAWN RED CURRY**

Red curry, butterbean, red peppers, red potatoes,  
fragrant basmati rice. (Vegan option available)  
[8, 14, 15] [VE] [V] [GF]

#### **GOURMET SMASH BURGER**

Two premium Irish beef patties, American cheese,  
caramelised onion, pickles, secret GFP sauce, brioche  
bun, rustic fries, onion rings.  
[1.1, 4, 5, 8, 10]

#### **CAJUN CHICKEN QUESADILLAS**

Cajun chicken, Monterey Jack cheese, tomato salsa,  
guacamole & sour cream dips, rustic fries.  
[1.1, 4, 5, 8, 12]

#### **GRILLED HALLOUMI BURGER**

Grilled halloumi cheese roasted red peppers Pico the  
Gallio, crispy lettuce, cranberry mayonnaise served  
with sweet fries.  
[1.1, 4, 5, 8] [V]

### *Desserts*

#### **CHRISTMAS PUDDING**

with custard cream.  
[1.1, 2, 4, 5, 8, 12] [VE available]

#### **APPLE CINNAMON CRUMBLE**

served with vanilla ice cream.  
[1.1, 4, 5]

#### **BAILEY'S CHEESECAKE**

with salt & caramel sauce.  
[1.1, 4, 5, 12]

#### **CHRISTMAS ROULADE**

White chocolate raspberry  
roulade, cranberry sauce, white  
chocolate shavings.  
[4, 5]







# CHRISTMAS **DINNER** SET MENU



*2 Course €34 | 3 Course €39*

Welcome drink on arrival - Prosecco, Wine or Christmas Spritzer €7.50

## *Starters*

### BUFFALO CHICKEN WINGS

Served with celery sticks and blue cheese aioli.

[1.1, 4, 5, 8, 10, 11, 12, 14]

### CARAMELISED BRIE ONION TART

Crushed pistachio, caramelised fig, chili honey. [1.1, 2.7, 4, 5, 12]

### ROASTED RED PEPPER HUMMUS

Smoked paprika, artichoke heart, roasted chickpea, served with garlic & coriander flatbread. [1.1, 11]

[[VE] [GF] option available]

### GOATS CHEESE BON-BON SALAD

Mixed baby lettuce, orange segments, roasted beetroot & beetroot puree, citrus dressing. [1.1, 4, 5, 12] [V]

### PRAWN COCKTAIL SALAD

Lime & chili marinated tiger prawns, avocado, baby gem, red onion, cherry tomatoes, Bloody Mary dressing.

[4, 5, 7.2, 10]

### HOMEMADE BRANDY & THYME

### CHICKEN LIVER PÂTÉ

Vodka cranberry sauce, toasted rustic bread. [1.1, 4, 8, 12]

## *Mains*

### PREMIUM SLOW BRAISED BEEF

Slow braised feather blade, creamy mash potatoes, celeriac puree, baby carrots, red wine jus.

[4, 10, 12, 14]

### CATCH OF THE WEEK

Fish special of the day.

### CRISPY DUCK PAPPARDELLE

Pappardelle pasta, Shimeji mushrooms, sundried tomatoes in creamy parmesan sauce and tomato ragout topped with crispy duck. [1.1, 4, 5, 12]

### GFP ROAST

Roast turkey, homemade baked ham, brussels sprouts, creamy mash potato, onion & sage stuffing, chefs gravy. [1.1, 4, 10, 12, 14]

### CHICKEN SUPREME

Lemon & garlic roasted chicken supreme, smoked pancetta creamy mash potatoes, grilled green vegetable, thyme jus.

[4, 10, 11, 12, 14]

### PORCINI & WILD MUSHROOM

### BOURGUIGNON

Wild mushrooms, porcini bourguignon with roasted crushed chestnuts served with potato gnocchi. [1.1, 8, 12, 14][VE]

## *Desserts*

### CHRISTMAS PUDDING

Vanilla ice cream and warm custard cream.

(VE chocolate sauce available)

### APPLE CINNAMON CRUMBLE

Vanilla ice cream.

[1.1, 4, 5]

### BAILEY'S CHEESECAKE

Salt & caramel sauce.

### CHRISTMAS ROULADE

Cranberry & honey sauce, white chocolate shavings.

[4, 5]

### GELATO MARTINUCCI

### PISTACHIO TRUFFLE

Ice cream tart stuffed with pistachio cream, topped with crushed pistachio, white chocolate sauce.

[1.1, 2.1, 2.7, 4, 5]



# SWORDS FESTIVE TAPAS **DINNER** MENU



*Three courses €33, including a Rossini/Bellini*

## First Course

### LOUISIANA WINGS

Blue cheese dip, celery, sesame seeds  
[1.1, 4, 5, 8, 11, 12, 14]

### BUFFALO TEMPURA CAULIFLOWER BITES

Vegan Tzatziki yoghurt dip  
[VE][1.1, 8]

### PIL PIL PRAWNS

White wine, chilli, garlic, and shallot,  
sriracha, crusty sourdough  
[1.1, 7.2, 12]

### PRAWN COCKTAIL SALAD

Lime and Chilli marinated tiger prawns,  
avocado, baby gem, red onion, cherry  
tomato, bloody Mary dressing  
[4,5, 7.2, 10]

## Second Course

### CHRISTMAS ROAST TURKEY AND HAM BON BONS

Pork and sage stuffing, vodka cranberry  
aioli  
[1, 4, 5, 12, 14]

### CARAMALISED BRIE AND ONION TART

Crushed pistachio, caramelised fig, chilli  
honey  
[1.1, 2.7, 4, 5, 12]

### ROASTED RED PEPPER HOUMMUS

Smoked paprika, artichoke heart, roasted  
chickpea, garlic and coriander flat bread  
[1.1, 11]

### SLOW COOKED PORK BELLY BITES

Roast apple compote, black pudding  
crumb, crispy onion  
[1.1, 12, 14]

## Third Course

### CHRISTMAS PUDDING

Vanilla ice cream and warm custard  
cream  
[1.1, 2,4, 5, 8, 12]

### APPLE CINAMMON CRUMBLE

Vanilla ice cream  
[1.1, 4, 5]

### BAILEY'S CHEESECAKE

Salt and caramel sauce  
[1.1, 4, 5, 12]

### CHRISTMAS ROULADE

White chocolate and raspberry  
roulade, cranberry sauce, white  
chocolate shavings  
[4, 5]







# CHRISTMAS DINNER AT HOME HAMPER

*Made at our place, enjoyed at yours  
and there will be enough for turkey and ham sambos!*

## **Option 1 / Two Courses (Starter & Main or Main & Dessert)**

€210 - Serves 4-6 People

€260 - Serves 6-8 People

## **Option 2 / Three Courses (Starter, Main & Dessert)**

€250 - Serves 4-6 People

€310 - Serves 6-8 People

## **Option 3 / Two Courses & Wines (Starter & Main or Main & Dessert)**

€275- Serves 4-6 People (3x bottles wine - 1 white, 1 red & 1 sparkling)

€360 - Serves 6-8 People (6x bottles wine - 2 white, 2 red & 2 sparkling)

## **Option 4 / Three Courses & Wines (Starter, Main & Dessert)**

€310 - Serves 4-6 People (3x bottles wine - 1 white, 1 red & 1 sparkling)

€420 - Serves 6-8 People (6x bottles wine - 2 white, 2 red & 2 sparkling)

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White Wine - Opawa Sauvignon Blanc, Marlborough New Zealand

Red Wine - Doppio Passo, Primitivo, Puglia, Italy [12]

Sparkling - Santa Margherita Frizzante Onda Doc [12]

## ALLERGENS KEY

1. GLUTEN (1.1 Wheat 1.2 Rye 1.3 Barley 1.4 Oats) 2. NUTS (2.1 Almonds 2.2 Hazelnuts 2.3 Walnuts 2.4 Cashews  
2.5 Pecan Nuts 2.6 Brazil Nuts 2.7 Pistachio Nuts 2.8 Macadamia/Queensland nut) 3. PEANUTS 4. MILK 5. EGGS 6. FISH  
7. CRUSTACEANS (7.1 Crab 7.2 Prawns 7.3 Lobsters 7.4 Crayfish) 8. SOYBEANS 9. MOLLUSCS (9.1 Mussels 9.2 Oysters 9.3 Squid 9.4 Snails)  
10. MUSTARD 11. SESAME SEEDS 12. SULPHUR DIOXIDE & SULPHITES 13. LUPIN 14. CELERY  
[GF] GLUTEN FREE • [V] VEGETARIAN • [VE] VEGAN

All precaution is taken while preparing food in our kitchens. Our kitchen is NOT a nut and gluten free environment

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## PLEASE NOTE

GFP only works with the highest quality purveyors to provide an unrivalled catering experience to your guests.

As we strive to provide the freshest of ingredients for our seasonal menus, food items and pricing listed is subject to change at any time.

Please enquire with our GFP Reservations representative for guidance and T&C's

**GOURMET**  
FOOD PARLOUR



# GOURMET FOOD PARLOUR

## GROUP BOOKINGS

Enjoy the intimacy of one of our Parlour rooms for you and your guests at our Santry, Swords & Dun Laoghaire restaurants.

Looking to make a large booking to dine in style? Why not book a table at one of our six restaurants - Malahide, Dunshaughlin, Salthill, Swords, Santry and Dun Laoghaire.

[reservations@gourmetfoodparlour.com](mailto:reservations@gourmetfoodparlour.com)

## GOURMET AT HOME

Prepared by our catering team for you to heat and serve at home. Our Gourmet at Home Hamper lets us take the stress out of your Christmas day.

GFP Christmas at Home: A full Christmas dinner banquette.

[linda@gourmetfoodparlour.com](mailto:linda@gourmetfoodparlour.com)

VISIT OUR  
WEBSITE



## #GFP VOUCHERS

For the Foodie in your life, a Gourmet Food Parlour gift card makes the ideal Christmas Present.

Purchase in restaurant at your local Gourmet Food Parlour or online at [www.gourmetfoodparlour.com](http://www.gourmetfoodparlour.com)

## CHRISTMAS CATERING

Get in touch today and let us help you plan your Christmas event!

Catering for groups of all sizes with delivery to your home, office, or venue. A unique Christmas Set Menu of restaurant quality food prepared by a team of dedicated Gourmet Food Parlour Chefs.

[catering@gourmetfoodparlour.com](mailto:catering@gourmetfoodparlour.com)

VISIT OUR WEBSITE FOR MORE INFORMATION AND TO DOWNLOAD  
OUR CATERING AND CHRISTMAS AT HOME BROCHURES

[WWW.GOURMETFOODPARLOUR.COM](http://WWW.GOURMETFOODPARLOUR.COM)



ENJOY A GFP CHRISTMAS IN THE HEART OF DUBLIN

Visit our restaurants in **ARNOTTS**  
— EST. 1843 —

CORNER CAFE

HOMEMADE

KITCHEN  
ITALIAN

@gourmetfoodparlour.arnotts



# A Gourmet Food Parlour Christmas menu just for *you*

We're now accepting reservations for Christmas 2024.

[reservations@gourmetfoodparlour.com](mailto:reservations@gourmetfoodparlour.com)

For more information please call +353 1 895 7565

@gourmetfoodparlour  
[www.gourmetfoodparlour.com](http://www.gourmetfoodparlour.com)

**GOURMET**  
**FOOD PARLOUR**