

KITCHEN ITALIAN

DRINKS

WHITE WINE

OPAWA SAUVIGNON BLANC, MARLBOROUGH, NEW ZEALAND [12]

€9 / €37

The palate is refreshing and intense, displaying crisp citrus notes and passionfruit flavours.

DE PAULO PINOT GRIGIO, TRIESTE, ITALY [12]

€8.5/ €33

Straw colour, this pinot grigio displays a long-lasting fruity bouquet.

MORGAN BAY CHARDONNAY, CALIFORNIA USA [12]

€8.5/€33

This Chardonnay has a bright gold appearance with a fresh clean nose of lemon, pear and apple.

CUATRO RAYAS LASECA VERDEJO, RUEDA, SPAIN [12]

€32

Straw yellow with green hues, bright, fresh and balanced aromas, typical of the variety.

RED WINE

DOPPIO PASSO PRIMITIVO, SALENTO PUGLIA, ITALY [12]

€8.5 / €34

A dense bouquet of black fruits such as cherries, blackberries and plums, complemented by inviting cocoa notes.

MAISON DE LA VILLETTE CABERNET SAUVIGNON, FRANCE [12]

€8.5 / €34.5

Elegant notes of liquorice, roasted coffee beans and dark chocolate melted with fruity aromas of black cherries and a spicy touch of cinnamon.

CATENA MALBEC, VISTA FLORES MENDOZA, ARGENTINA [12]

€10 / €42

Elegantly structured showing ripe blackberry and blackcurrant fruit flavours and plenty of peppery spice.

MARQUES DE CACERES EXCELLENS CUVÉE ESPECIAL TEMPRANILLO, RIOJA SPAIN [12]

€9 / €34

Bouquet of ripe fruit and refined oak confirming its meticulous ageing in barrel.

BUBBLES

BOLLINGER SPECIAL CUVÉE, CHAMPAGNE, FRANCE [12]

€120 Bottle

Bollinger's style is for structure with racy minerality. The nose opens up with green apple, yeasts and elegant, creamy citrus fruits. The palate is well structured with citrus notes mingling with orchard fruits, and firm with impeccable acidity. Layers of flavour and refined texture, with a lingering finish.

SANTA MARGHERITA PROSECCO FRIZZANTE, VENETA, ITALY [12]

€9 / €35

Its brilliant hue and inviting, faintly citrus-like aromas lead into a palate that is agreeably fresh and fruity. The light, elegant perlage freshens the palate and makes this wine excellent for pairing even with quite complex dishes.

ROSÉ

MARQUES DE CACERES EXCELLENS ROSÉ, RIOJA, SPAIN [12]

€9 / 35

The Marques de Caceres Excellens rose is an attractive, pale rosé colour with rose petals and refined notes of peaches on the nose. Silky-smooth and balanced in the mouth with delicate flavours of mature white peaches and pears. Its character comes through delicately on tasting with a touch of vivacity highlighting its freshness. Succulent with a nice finish.

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COCKTAILS

APEROL SPRITZ €10

Aperol liqueur, Prosecco, soda water

LIMONCELLO FIZZ €10

Limoncello liqueur, prosecco

AMALFI SPRITZ €10.50

Elderflower liqueur, strawberry, mint, prosecco, soda water

AMARETTO SOUR €12

Amaretto liqueur, lemon juice, bitters

HOT DRINKS

ESPRESSO	€3.25
AMERICANO	€3.80
CAPPUCCINO [4]	€4.40
LATTE [4]	€4.40
FLAT WHITE [4]	€4.20
MOCHA [4]	€4.50
CHAI LATTE [4]	€4.40
HOT CHOCOLATE [4]	€4.40
IRISH BREAKFAST TEA	€3.75
ORGANIC TEA SELECTION	€3.75
Camomile / Peppermint /Earl Grey Green Tea / Decaf	
Parlour House Blend coffee used, supplied and blended in Ireland by Findlaters	

COLD DRINKS

HOMEMADE SMOOTHIES	
BERRY NICE	€6
Mixed berries, banana, milk, honey [4]	
Tropical	€6
Papaya, pineapple, mango, kiwi, coconut	
Keelings Fresh Juices	€4.50
Apple/Orange	
ALL ABOUT KOMBUCHA	€4.50
Ginger & Lemon Organic / Raspberry	
MINERALS	€3.75
Coke / Coke Zero / 7up /7up Free / Club Orange	
FIOR UISCE WATER	€2.75 /€5.50
Still or Sparkling	
SICILIAN LEMONADE	€7
Freshly squeezed lemon juice, basil, soda	
PEACH & MINT LEMONADE	€7
Freshly squeezed lemon juice, peach, mint, soda	

At Gourmet Food Parlour, we prioritize high-quality ingredients by sourcing locally for 18 years, supporting local farmers and businesses. Some suppliers include Keeling's Farm, Toonsbridge, Keoghs Farm, and Herefordshire Farms.

ALLERGEN KEY

The above MENU contains allergens, as indicated in the key below.

1. CONTAINS GLUTEN (1.1 Wheat 1.2 Rye 1.3 Barley 1.4 Oats) | 2. CONTAINS NUTS (2.1 Almonds 2.2 Hazelnuts 2.3 Walnuts 2.4 Cashews 2.5 Pecan Nuts 2.6 Brazil Nuts 2.7 Pistachio Nuts 2.8 Macadamia/Queensland nut) | 3. CONTAINS PEANUTS | 4. CONTAINS MILK | 5. CONTAINS EGGS | 6. CONTAINS FISH | 7. CONTAINS CRUSTACEANS (7.1 Crab 7.2 Prawns 7.3 Lobsters 7.4 Crayfish) | 8. CONTAINS SOYBEANS | 9. CONTAINS MOLLUSCS (9.1 Mussels 9.2 Oysters 9.3 Squid 9.4 Snails) | 10. CONTAINS MUSTARD | 11. CONTAINS SESAME SEEDS | 12. CONTAINS SULPHUR DIOXIDE & SULPHITES | 13. CONTAINS LUPIN | 14. CONTAINS CELERY
[GF] GLUTEN FREE • [V] VEGETARIAN • [VE] VEGAN