

# GOURMET FOOD PARLOUR

*Galway Catering*



CORPORATE | PRIVATE EVENTS | SPORTS | WEDDINGS



# ABOUT GFP CATERING

ONE OF IRELAND'S MOST LOVED AND  
TRUSTED CATERING TEAM.

Whether it is an intimate gathering for friends and family or a large corporate party, our dedicated detail-driven specialists are on hand to look after every aspect of your event, ensuring you are provided with only the freshest fare available in Ireland from producers that care.





# FOOD IS OUR FOCUS

RESTAURANT QUALITY FARE  
FROM PRODUCERS THAT  
CARE. AS FRESH AS WE CAN  
FIND.

COOKED, PACKAGED AND  
DELIVERED BY THE GFP  
CATERING TEAM.

## SANDWICHES & WRAPS

A selection of contemporary &  
classic flavour combinations  
prepared daily on freshly baked  
artisan breads to satisfy your  
guests.



WE ARE PASSIONATE ABOUT  
ENSURING WE ARE  
**ENVIRONMENTALLY  
RESPONSIBLE** IN ALL AREAS  
OF OUR KITCHEN & BUSINESS.  
OUR GOAL IS TO ELIMINATE  
UNNECESSARY WASTE &  
ENCOURAGE RECYCLING WHERE  
POSSIBLE.



REDUCE  
REUSE  
RECYCLE





# GOURMET FOOD PARLOUR



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# CATERING TO YOUR IMAGINATION

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Weddings, product launches, corporate affairs or private gatherings, communions and confirmations. We endeavour to provide you with the best menu options, service and event organisation in Dublin.

## WE CATER TO...

Birthdays  
Christenings  
Communions  
Confirmations  
Anniversaries  
Funerals  
Retirement parties  
Leaving parties  
+ much more!

## SOMETHING SPECIFIC...

Looking for something a bit different and don't know where to start? Our team of catering professionals with their wealth of experience in the events industry are on hand to point you in the right direction.

## GFP PARTNERS

We are proud to work with Dublin GAA, Olympic Federation of Ireland, Shamrock Rovers FC in addition to Dublin's beautiful and historic Trinity College.

Food is our passion and we always source the best local produce. Each and every dining event will be expertly and efficiently provided to your satisfaction. We would be honoured to be chosen to cater for your event, big or small.

ASK US ABOUT OUR GORGEOUS GFP FOOD TRUCK  
AND CARNIVAL-STYLE MENU!



# ORDERING INFORMATION

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## WE SET THE STANDARD FOR CORPORATE, PRIVATE & EVENT CATERING IN IRELAND

From communication to curation, our dedicated & detail-driven specialists are here to guide you through the planning & execution of a captivating event, whatever the occasion, for you & your guests.

It's why we're the most trusted catering kitchen in Dublin.

## ORDERING INFORMATION

All catering requirements must be confirmed a minimum of 48 hours in advance.

- For any late orders, please call or email us. We will always do our best to fulfil all requests.
- Order and deliver where possible.
- Payment is required prior to delivery on all orders.
- If you require GFP staffing service please allow for €30 per server per hour.
- Delivery charges are subject to location.
- Charges for delivery outside the Galway City area are priced on application.

## ALLERGENS

GFP offers a range of foods that suit those with allergies, intolerances or those who simply want to watch what they eat. Please note our kitchen is not a 100% allergen free environment. For more information, please see page 26.





Selection of Gourmet sandwiches & wraps

Small platter feeds up to 6 people €45 | Large platter feeds up to 10 people €75

Selection of Gourmet wraps

Small platter feeds up to 6 people €40 | Large platter feeds up to 12 people €75

# SANDWICHES & WRAPS

**Famous Roast Chicken** - Roast chicken, stuffing, garlic aioli, spring onion [1.1, 4]

**Gourmet Ham & Cheese** - Irish ham, Dubliner cheddar, red onion, Dijon aioli [1.1, 4, 5, 10]

**Chicken & Chorizo** - roast chicken, chorizo, Swiss cheese, red onion, rocket, chipotle aioli [1.1, 4, 5, 14]

**Turkey Ruben** - Roast turkey, Swiss cheese, vine tomatoes, mixed leaves, chipotle aioli [1.1, 4, 5, 14]

**GFP Club** - Roast chicken, Irish ham, tomato, lettuce, red onion marmalade, aioli [1.1, 5, 12]

**Halloumi** - Halloumi, roast red peppers, red onion, pesto [1.1, 4]

**Goat Cheese** - Goats cheese, sundried tomatoes, rocket, red onion marmalade [1.1, 4, 12]

**Chicken Caesar Wrap** - Roast chicken, Irish bacon, Parmesan, cos lettuce, Caesar dressing [1.1, 4, 5, 8]

**Superfood Wrap** - Quinoa, butternut squash, mixed leaves, hummus, beetroot [1.1, 11]



# SALADS

Individual salads bowls €10 each (minimum 10 portions)  
Small platter feeds 5-6 people | Large platter feeds 8-10 people

## CHICKEN & BACON CEASAR SALAD

Small platter €27.50 | Large platter €35  
chicken, crispy bacon, croutons, parmesan, cos lettuce, Caesar dressing  
(1.1, 1.3, 4, 5, 8)

## GOAT CHEESE SALAD

Small platter €30 | Large platter €37.50  
rocket, goat cheese, candied walnuts, beetroot, fig, red onion, balsamic dressing  
(2.3, 4, 8, 12) [V]

## SUPERFOOD SALAD

Small platter €30 | Large platter €37.50  
quinoa, beetroot, butternut squash, pomegranate, toasted seeds, mixed baby lettuce, citrus dressing  
(11) [VE]

## GARDEN SALAD

Small platter €22.50 | Large platter €30  
cherry tomatoes, cucumber, red onion, radish, peppers, mixed leaves, balsamic dressing  
(12) [VE]

## RAINBOW CABBAGE SLAW

Small platter €22.50 | Large platter €30  
red & white cabbage, carrots, red onion, lemon aioli  
(4, 5, 10) [V]

## PESTO PASTA SALAD

Small platter €27.50 | Large platter €35  
pasta, basil pesto, rocket, sun-dried tomatoes, parmesan shaving  
(1.1, 4, 8) [V]

## CHICKPEA SALAD

Small platter €27.50 | Large platter €35  
roast chickpeas, cucumber, red onion, watercress, feta cheese, citrus dressing  
(4) [V]

## EXTRAS / ADD-ONS

### MEAT & SEAFOOD

Single portion €3.00 | Small platter €12.50 | Large platter €20  
roast chicken - streaky bacon - grilled chorizo - tiger prawns (7.2) - smoked salmon (6)

### VEGETABLES & CHEESE

Single portion €2.50 | Small platter €10.00 | Large platter €17.50  
feta cheese (4) - goat cheese (4) - falafels - roasted butternut squash - roast beetroot





# HOT BUFFET

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Minimum order 10 people  
Each dish comes with a side. No substitutions

**100% IRISH HEREFORD BEEF STROGANOFF | €13.00pp**

Julienne of Beef with Mushrooms, Onions & Pickles in a rich creamy sauce  
served with basmati rice  
(4, 10, 12)

**MOROCCAN STYLE LAMB STEW | €14.00pp**

cooked with red peppers & chickpeas in a spicy tomato ragout  
served with basmati rice & harissa yoghurt  
(4, 12)

**THAI RED CURRY | Chicken €12.50pp, Beef €13.50pp or Prawn €13.50pp**

with red & yellow peppers, onions and bamboo shoots  
served with basmati rice  
(8)

**THAI GREEN CURRY | Chicken €12.50pp, Beef €13.50pp or Prawn €13.50pp**

with green peppers, onions, courgettes and bamboo shoots  
served with basmati rice  
(8)

**SLOW COOKED SHREDDED LOUISIANA CHICKEN | €13.00pp**

served with brioche bun, blue cheese aioli, crisp shredded lettuce, tomato, red onion & seasoned patatas bravas  
(1.1, 4, 12, 14)

**SLOW COOKED SHREDDED BEEF IN HOMEMADE GRAVY | €14.00pp**

shredded lettuce, tobacco onion, sliced pickles, grated cheese  
served with soft bread roll  
(1.1, 4, 12)

**HEREFORD BEEF BURGER | €13.00pp**

brioche bun, streaky bacon, Dubliner cheddar, crispy lettuce, beef tomatoes, red onion, garlic aioli, tomato relish  
served with seasoned patatas bravas.  
(1.1, 4, 5, 10)

**SLOW COOKED PULLED PORK TACOS | €12.50pp**

served with mini soft tortillas, tomato salsa, cheddar cheese, sour cream  
(1.3, 4, 14)

**BAKED FILLET OF HAKE | €15.00pp**

served with creamy mash potatoes, steamed veg & Prosecco cream sauce, sundried tomatoes (upgrade your mash for just €1 to a chorizo creamy mash)  
(4, 5, 12)

**STICKY ASIAN MARINATED SALMON | €15.00pp**

soy, ginger, chilli, Asian greens, served with fried rice  
(1.1, 8, 11)





# HOT TRAY BAKES

Half tray of 6 portions | Full tray of 15 portions

## **SHEPHERDS PIE | €75 / €170**

lamb, vegetable, rosemary & thyme gravy, topped with creamy mash  
(4, 14)

## **COTTAGE PIE | €75 / €170**

beef, vegetables, rich gravy topped with creamy mash  
(4, 14)

## **TRADITIONAL BEEF LASAGNE | €60 / €140**

(1.1, 4, 12, 14)

## **CHICKEN & CHORIZO PASTA BAKE | €60 / €140**

lightly spiced tomato ragout - baby spinach - cherry tomatoes  
(1.1, 14)

## **TRADITIONAL BOLOGNESE IN A PASTA BAKE | €60 / €140**

topped with parmesan shavings  
(1.1, 4, 12, 14)

# VEGETARIAN & VEGAN

## **VEGAN THAI RED CURRY | €60 / €140**

marinated tofu, grilled red & yellow peppers, onion, courgette, bamboo shoots  
served with basmati rice  
[VE] (8)

## **PASTA BAKE | €60 / €140**

(half tray 6 portions, large tray 15 portions)  
roasted Mediterranean vegetables in tomato ragout, parmesan, mozzarella cheese  
[V] (1.1, 4)

## **WILD MUSHROOM BOURGUIGNON | €60 / €140**

mushrooms, carrots, pearl onions in rich gravy  
served with basmati rice  
[VE]





# FRUIT & SNACKS

**FRESH FRUIT SALAD POT** | €3.75 seasonal selection  
[VE]

**YOGHURT & GRANOLA POT** | €3.75 Greek-style yogurt, homemade crunchy granola berry coulis  
(1.1, 2, 4, 12) [V]

**STRAWBERRY & WHITE CHOCOLATE OVERNIGHT OATS | €4.00**  
(1.1, 4) [V]

**BANANA BREAD SLICE** | €3.00  
(1.1, 5) [V]





# ALLERGENS GUIDE

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GFP offers a range of foods that suit those with allergies, intolerances or those who simply want to watch what they eat.

1. GLUTEN (1.1 Wheat 1.2 Rye 1.3 Barley 1.4 Oats)
2. NUTS (2.1 Almonds 2.2 Hazelnuts 2.3 Walnuts 2.4 Cashews  
2.5 Pecan nuts 2.6 Brazil nuts 2.7 Pistachio nuts 2.8 Macadamia/Queensland nut)
3. PEANUTS
4. MILK
5. EGGS
6. FISH
7. CRUSTACEANS (7.1 Crab 7.2 Prawns 7.3 Lobsters 7.4 Crayfish)
8. SOYBEANS
9. MOLLUSCS (9.1 Mussels 9.2 Oysters 9.3 Squid 9.4 Snails)
10. MUSTARD
11. SESAME SEEDS
12. SULPHUR DIOXIDE & SULPHITES
13. LUPIN
14. CELERY

[GF] GLUTEN FREE · [V] VEGETARIAN · [VE] VEGAN

Please note our kitchen is **NOT** a 100% allergen free environment.





**WE LOOK FORWARD TO CATERING  
YOUR NEXT EVENT!**



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