

call to order

GFP DUN LAOGHAIRE (01) 2805670

starters

MINI DUCK & HOISIN SPRING ROLLS €6.00
With Sweet Chilli Sauce
[1,2,3,4,5,8,10,11,12]

PLAIN, BBQ OR BUFFALO CHICKEN GOUJONS €6.00
[1,4,5,8]

CHICKEN WINGS €7.00
Louisiana Or BBQ, Cashel Blue Cheese Dip
[1,4,5,8,9,10,11,12,14]

SALT & PEPPER SQUID €6.00
Chipotle Aioli [1,4,5,7,8]

Artisan Breads & Dips Hummus €6.00
Sundried Tomato Pesto, Basil Pesto
[V] [1,2,4,8,11]

Creamy Seafood Chowder €8.00
Granary Bretzel Bread [1,4,6,7,8,9,14]

Beef & Chorizo Meatballs €7.00
Rich Marinara Sauce, Parmesan Shavings,
Rustic Bread [1,4,5,10,12,14]

mains

FISH N' CHIPS €12.00
Beer Battered Cod, Chips & Tartar
Sauce, Lemon Wedge [1,4,5,6,8,10]

CRISPY CHICKEN BURGER €12.00
Brioche Bun, Chipotle Aioli, Lettuce,
Tomato & Red Onion, Rustic Fries
Add *Crispy Bacon* + €1.50 [1,4,5,10,12]

VEGAN THAI RED CURRY €10.00
With Basmati Rice
Add *Chicken* + €2.00
[GF] [8,14]

HEREFORD BEEF BURGER €12.00
Cheese, Bacon, Red Onion,
Lettuce, Tomato,
Relish & Aioli With Fries
[1,4,5,10,12]

CAJUN CHICKEN QUESADILLAS €12.00
With Dips & Fries [1,4,5,8,12,14]

**PLAIN, BBQ OR BUFFALO
CHICKEN GOUJONS €10.00**
With Rustic Fries [1,4,5,8,10]

LEMON THYME CHICKEN SUPREME €13.00
Creamy Mash Potato, basil proscocco
cream, tenderstem broccoli

**SESAME, SOY & GINGER VEGETABLE
STIR FRY €10.00 [1,2,3,8,12,14]**
Add *Chicken* + €2.00 | Add *Prawn* + €3.00

SLOW ROAST LAMB €14.00
Creamy Mash Potato, Tenderstem
Broccoli, Rosemary Jus [4,8,10,12,14]

gourmet for two

TWO STARTERS, TWO MAINS &
A BOTTLE OF WINE FOR €50.00

sandwiches

Add Soup Of The Day To Your Sandwich + €3.00

TURKEY REUBEN €5.85
Roast Turkey, Swiss Cheese, Vine Tomatoes,
Mixed Leaves, Chipotle Aioli,
Toasted Bretzel Sourdough [1,4,5,10,12]

CAJUN CHICKEN WRAP €5.85
Cajun Chicken, Dubliner Cheddar,
Red Onion, Rocket, Tomato, Toasted Wrap
[1,4,5,8,10,14]

TOASTED GOAT'S CHEESE €5.85
Sundried Tomatoes, Rocket, Red Onion
Marmalade, Ciabatta [V] [1,4,8,10,12]

TOASTED ROAST CHICKEN €5.85
Garlic Mayonnaise & Stuffing,
Spring Onion, Granary [1,4,5,8,11]

GFP CLUB SANDWICH €6.00
Roast chicken, Irish ham, tomato,
lettuce, red onion marmalade, aioli,
toasted ciabatta [1,4,5,8,10,11,12]

GOURMET FOOD PARLOUR

salads

FAMOUS CLONAKILTY €8.50
Clonakilty Black Pudding,
Irish Bacon, Mixed Leaves,
Cucumber, Red Onion, Vine
Tomatoes, Balsamic Dressing
[1,8,12]

CHICKEN & BACON CAESAR €8.50
Roast Chicken, Irish Bacon,
Cos Lettuce, Croutons,
Parmesan Shavings,
Caesar Dressing [1,4,5,6,8,10]

the takeaway menu



drinks

Pellegrino Orange	€2.00
San Pellegrino Lemon	€2.00
Wild Orchard Cloudy Lemonade	€3.00
Wild Orchard Rhubarb & Ginger Lemonade	€3.00
Wild Orchard Pink Lemonade	€3.00
Carrot & Apple Juice	€3.00
Apple Juice	€3.00
Ballygowan Still or Sparkling Water	€1.50
CANS €1.50	
Coca Cola, Diet Coke, 7up, 7up Free, Club Orange	

sides

Fries [V] [1,4,5]	€3.00
Sweet Potato Fries [1,4,5]	€4.00
Waffle Fries [1,4,5]	€4.00
Potato Wedges [1,4,5]	€3.00

SAUCES €0.50

Chipotle Aioli, Garlic Aioli, Sweet Chilli Sauce, Tartar Sauce

allergens

1. Contains gluten
 2. Nuts
 3. Peanuts
 4. Milk
 5. Eggs
 6. Fish
 7. Shellfish/crustaceans
 8. Soybeans
 9. Molluscs
 10. Mustard
 11. Sesame seeds
 12. Sulphur dioxide
 13. Lupin
 14. Celery
 15. Varies (please ask your server)
- [GF] Gluten Free | [VE] Vegan | [V] Vegetarian

breakfast

PANCAKES €8.50
Snickers or bacon & maple syrup
[1,2,3,4,5]

BREAKFAST CIABATTA €5.85
Irish bacon, pork sausage, tomato relish,
toasted ciabatta [1,10,12]

BREAKFAST WRAP €5.85
Irish bacon, scrambled eggs, tomato
relish, toasted wrap [1,4,5,10]
Add *Black Pudding* + €1.00

BIG BREAKFAST €10.00
Irish bacon, scrambled eggs, pork sausage,
onion & chive potato cake, Clonakilty
black & white pudding, tomato relish,
Bretzel toast [1,4,5,10,12]



kids

GOUJONS & CHIPS €6.00
[1,2,3,4,5,8]

HAM & CHEESE TOASTIE €4.50
[1,4,10,11]

KIDS SAUSAGES & CHIPS €6.00
[1,2,3,4,5,8]

KIDS PANCAKES WITH NUTELLA & BANANA €6.00
[1,2,3,4,5]

desserts

GF Brownie €4.00 [2,3,4,5,8]

GF Carrot & Walnut Cake €4.00
[2,3,4,5,8]

Apple & Cinnamon Crumble €4.00
[1,2,3,4,5,8]

Snickers Cake €3.50 [1,2,3,4,5,8]
Salted Caramel Roulade €4.00
[1,2,3,4,5,8]

Raspberry & White Chocolate Roulade
€4.00 [1,2,3,4,5,8]

CHOCOLATE SQUARES €3.50
Toblerone, Nutella Krispie, Rocky Road

tea & coffee

COFFEE

Espresso €3.00 [4] | Americano €2.70
Flat white €3.00 [4] | Cappuccino €3.00 [4]
Café latte €3.00 [4] | Café mocha €3.00 [4]
Chai latte €3.00 [4]

TEAS

Irish breakfast tea €2.50
Java Republic Tea Pillows €2.50

HOT CHOCOLATE

Hot chocolate with marshmallows €3.50 [4]

COLLECTION & DELIVERY SUBJECT TO OPENING HOURS
DELIVERY CHARGE FROM €2.50, UP TO 40MIN WAITING TIME
MINIMUM ORDER FOR DELIVERY €13.00
TEA & COFFEE COLLECTION ONLY