

# call to order

GFP SALTHILL 086-6036235

## starters

**COUNTRY VEGETABLE SOUP**  
Rustic Bread €4.00 [1,4,14,15]

**MINI DUCK & HOISIN SPRING ROLLS €6.00**  
With Sweet Chilli Sauce  
[1,2,3,4,5,8,10,11,12]

**PLAIN, BBQ OR BUFFALO CHICKEN GOUJONS €6.00**  
[1,4,5,8]

**FALAFEL €5.00**  
With Salad & Hummus [11] [VE] [GF]

**CHICKEN WINGS €7.00**  
Louisiana Or BBQ, Cashel Blue Cheese Dip  
[1,4,5,8,9,10,11,12,14]

**SALT & PEPPER SQUID €6.00**  
Chipotle Aioli [1,4,5,7,8]

**BEEF & CHORIZO MEATBALLS €6.00**  
Rich Marinara Sauce, Parmesan Shavings  
[1,4,5,10,12,14]

**PATATAS BRAVAS €5.50**  
Salsa, Garlic Aioli [V] [1,5,8]  
Add Chorizo + €1.00

## mains

**FISH N' CHIPS €12.00**  
Beer Battered Cod, Chips & Tartar  
Sauce, Lemon Wedge [1,4,5,6,8,10]

**CHICKEN & CHORIZO PENNE PASTA €12.00**  
In A Prosecco & Parmesan Cream  
[1,4,12,13]

**HEREFORD BEEF BURGER €12.00**  
Cheese, Bacon, Red Onion,  
Lettuce, Tomato,  
Relish & Aioli With Fries  
[1,4,5,10,12]

**CAJUN CHICKEN QUESADILLAS €12.00**  
With Dips & Fries [1,4,5,8,12,14]

**PLAIN, BBQ OR BUFFALO  
CHICKEN GOUJONS €10.00**  
With Rustic Fries [1,4,5,8,10]

**SEAFOOD PASTA €13.00**  
Prawn & Salmon In A Citrus Dill & White  
Wine Cream Tossed With Spaghetti  
[1,4,6,7,12,13]

**SCAMPI & CHIPS €13.00**  
Wholetail Scampi, Rustic Fries, Tartar  
Sauce, Lemon Wedge [1,4,5,7,10]

**THAI RED VEGETABLE CURRY €10.00**  
With Basmati Rice [GF] [V] [8,14]  
Add Chicken + €2.00 | Prawn + €3.00

**CRISPY CHICKEN BURGER €12.00**  
Brioche Bun, Chipotle Aioli, Lettuce,  
Tomato & Red Onion, served with rustic  
fries [1,4,5,10,12] | Add Bacon €1.50

**HOT BEEF MEATBALL SUB €8.50**  
Parmesan, Rocket, Toasted Ciabatta  
[1,4,5,10,12,14]

## sandwiches

Add Soup Of The Day To Your Sandwich

**CAJUN CHICKEN WRAP €5.85**  
Cajun Chicken, Dubliner Cheddar,  
Red Onion, Rocket, Tomato, Toasted Wrap  
[1,4,5,8,10,14]

**TOASTED HAM & CHEESE €5.85**  
Irish Ham, Dubliner Cheddar, Red Onion,  
Rocket, Dijon Aioli, Sourdough  
[1,4,5,10,11]

**TOASTED GOAT'S CHEESE €5.85**  
Sundried Tomatoes, Rocket, Red Onion  
Marmalade, Ciabatta [V] [1,4,8,10,12]

**TOASTED ROAST CHICKEN €5.85**  
Garlic Mayonnaise & Stuffing,  
Spring Onion, Granary [1,4,5,8,11]

# GOURMET FOOD PARLOUR

## salads

**FAMOUS CLONAKILTY €8.50**  
Clonakilty Black Pudding, Irish  
Bacon, Mixed Leaves, Cucumber,  
Red Onion, Vine Tomatoes,  
Balsamic Dressing [1,8,12]

**CHICKEN & BACON CAESAR €8.50**  
Roast Chicken, Irish Bacon,  
Cos Lettuce, Croutons,  
Parmesan Shavings,  
Caesar Dressing [1,4,5,6,8,10]

**GOAT'S CHEESE €8.50**  
Beetroot, apple, toasted  
walnuts, rocket, aged balsamic  
[V] [GF] [2,4]

# the takeaway menu



## drinks

Pellegrino Orange	€2.00
San Pellegrino Lemon	€2.00
Wild Orchard Cloudy Lemonade	€3.00
Wild Orchard Rhubarb & Ginger Lemonade	€3.00
Wild Orchard Pink Lemonade	€3.00
Carrot & Apple Juice	€3.00
Apple Juice	€3.00
Ballygowan Still or Sparkling Water	€1.50

## CANS €1.50

Coca Cola, Diet Coke, 7up, 7up Free, Club Orange

## sides

Fries [V] [1,4,5]	€3.00
Sweet Potato Fries [1,4,5]	€4.00
Waffle Fries [1,4,5]	€4.00
Add Cheese & Bacon +	€2.50
Potato Wedges [1,4,5]	€3.00
Rustic Garlic Ciabatta [1,4,5]	€3.00

## SAUCES €0.50

Chipotle Aioli, Garlic Aioli, Sweet Chilli Sauce, Tartar Sauce

## allergens

1. Contains gluten
  2. Nuts
  3. Peanuts
  4. Milk
  5. Eggs
  6. Fish
  7. Shellfish/crustaceans
  8. Soybeans
  9. Molluscs
  10. Mustard
  11. Sesame seeds
  12. Sulphur dioxide
  13. Lupin
  14. Celery
  15. Varies (please ask your server)
- [GF] Gluten Free | [VE] Vegan | [V] Vegetarian

## breakfast

**Belgian Waffles €8.00**  
Banana & Nutella or bacon & maple syrup  
[1,2,3,4,5]

**BREAKFAST CIABATTA €5.85**  
Irish bacon, pork sausage, tomato relish,  
toasted ciabatta [1,10,12]

**BREAKFAST WRAP €5.85**  
Irish bacon, scrambled eggs, tomato  
relish, toasted wrap [1,4,5,10]  
Add Black Pudding + €1.00

**BIG BREAKFAST €10.00**  
Irish bacon, scrambled eggs, pork sausage,  
onion & chive potato cake, Clonakilty  
black & white pudding, tomato relish,  
Bretzel toast [1,4,5,10,12]

## kids

**GOUJONS & CHIPS €6.00**  
[1,2,3,4,5,8]

**HAM & CHEESE TOASTIE €4.50**  
[1,4,10,11]

**KIDS SAUSAGES & CHIPS €6.00**  
[1,2,3,4,5,8]

## gourmet for two

TWO STARTERS, TWO MAINS &  
A BOTTLE OF WINE FOR €50.00

## desserts

Carrot Cake €4.00 GF [2,4,5]  
Banana & Walnut cake €4.00 GF [2,4,5]  
Toblerone Cheesecake €4.00 [1,4,5,8]  
Nutella Cheesecake €4.00 [1,2,3,4,5,8]  
Brownie €4.00 GF [2,4,5,8]  
Apple & Cinnamon Crumble €4.00 [1,2,4,5,15]  
Berry Crumble €4.00 [1,2,4,5,15]  
Snickers Cake €3.50 GF [2,3,4,5,8]  
Salted Caramel Roulade €4.00 GF [4,5]  
Raspberry & White Chocolate Roulade €4.00 GF [4,5]

**CHOCOLATE SQUARES €3.50**  
Toblerone, Malteser [1,4,5,8]

Please ask a member of our team for allergen information

## tea & coffee

### COFFEE

Espresso €3.00 [4] | Americano €2.70  
Flat white €3.00 [4] | Cappuccino €3.00 [4]  
Café latte €3.00 [4] | Café mocha €3.00 [4]  
Chai latte €3.00 [4]

### TEAS

Irish breakfast tea €2.50  
Java Republic Tea Pillows €2.50

### HOT CHOCOLATE

Hot chocolate with marshmallows €3.50 [4]

COLLECTION & DELIVERY SUBJECT TO OPENING HOURS  
DELIVERY CHARGE FROM €2.50, UP TO 40MIN WAITING TIME  
MINIMUM ORDER FOR DELIVERY €13.00  
TEA & COFFEE COLLECTION ONLY