

# GOURMET FOOD PARLOUR



## Takeaway Menu - Malahide

### **BREAKFAST** (Available all day)

#### **Farmhouse Plate – Full Irish: €10.00**

Irish Bacon, Scrambled Eggs, Pork Sausage, Onion & Chive Potato Cake, Clonakilty Black & White Pudding, Tomato Relish, Bretzel Toast [1, 4, 5, 10, 12]

#### **Woodland Breakfast: €9.00**

Scrambled eggs, onion & chive potato cake, herby fried mushrooms, cherry tomatoes, Bretzel toast [V] [1, 4, 5, 11]

#### **Scrambled Eggs & Bretzel Granary: €6.00**

Creamy scrambled egg, chive, Bretzel granary toast [V] [1, 4, 5, 11] Add Chorizo +€1

#### **Breakfast Wrap: €5.85**

Irish Bacon, Scrambled Eggs, Tomato Relish, Toasted Wrap [1, 4, 5, 10,]

Add Clonakilty Black or White Pudding +€1

#### **Breakfast Ciabatta: €5.85**

Irish Bacon, Pork Sausage, Tomato Relish, Toasted Ciabatta [1, 10, 12] Add Scrambled Egg +€2

#### **Belgian Waffles: €7.00**

Banana & Nutella or Bacon & Maple syrup +€1 [1, 2, 4, 5]

#### **Vegan Big Breakfast: €8.50**

Vegan Clonakilty pudding, sausages, GFP beans, herby fried mushrooms, cherry tomatoes, Bretzel toast [VE] [1]

#### **Vegan Sausage Sambo: €5.85**

Toasted ciabatta, tomato salsa [VE] [1]

### **SALADS**

#### **Chicken & Bacon Caesar: €7.50/€10.00**

Roast Chicken, Irish Bacon, Cos Lettuce, Croutons, Parmesan Shaving, Caesar Dressing [1, 4, 5, 6, 8]

#### **Famous Clonakilty: €7.50/€10.00**

Clonakilty Black Pudding, Irish Bacon, Mixed Leaves, Cucumber, Red Onion, Vine Tomatoes, Balsamic Dressing [1, 8, 12]

#### **Superfood Salad: €7.50/€10.00**

Quinoa, beetroot, butternut squash, pomegranate, mixed leaves, citrus dressing, toasted seeds [VE] [GF] [8]

Add Grilled goat's cheese +€1.50, Chicken +€2

#### **Pesto Pasta Salad: €7.50/€10.00**

Roast chicken, pasta, pesto, sundried tomatoes, rocket & parmesan [1, 2, 4, 5]

### **SANDWICHES**

Add Soup of The Day to Your Sandwich +€3

Add Pesto Pasta Side Salad (No chicken) +€3.50

#### **Christmas Sandwich: €6.95**

Ciabatta, cranberry sauce, homemade stuffing, roast turkey, brie, rocket and garlic aioli [1, 4, 5]

#### **Famous Roast Chicken: €5.85**

Garlic Mayonnaise & Stuffing, Spring Onion, Granary [1, 4, 5, 8, 11]

#### **Toasted Goat's Cheese: €5.85**

Sundried Tomatoes, Rocket, Red Onion Marmalade, Ciabatta [V] [1, 4, 8, 10, 12]

#### **Ham & Cheese: €5.85**

Irish Ham, Dubliner Cheddar, Red Onion, Rocket, Dijon Aioli, Sourdough [1, 4, 5, 10, 11]

#### **Cajun Chicken Wrap: €5.85**

Cajun Chicken, Dubliner Cheddar, Red Onion, Rocket, Tomato, Toasted Wrap [1, 4, 5, 8, 10]

#### **Superfood Wrap: €5.85**

Quinoa, butternut squash, mixed leaves, hummus, beetroot, toasted wrap [VE] [1, 11] Add Chicken +€2

#### **Turkey Reuben: €5.85**

Roast turkey, Swiss cheese, vine tomatoes, mixed leaves, chipotle aioli, toasted Bretzel sourdough [1, 4, 5, 10, 12]

#### **GFP Club sandwich: €5.85**

Roast chicken, Irish ham, tomato, lettuce, red onion marmalade, aioli, Ciabatta [1, 4, 5, 8, 10, 11, 12]

### **STARTERS**

#### **Country vegetable soup: €4.00**

Rustic bread [1, 4, 5, 15]

#### **Salt & Pepper Squid: €6.00**

Chipotle Aioli [1, 4, 5, 7, 8]

#### **Chicken Wings: €7.00**

Spicy Buffalo or Sticky Bourbon [1, 4, 5, 8, 9, 10, 11, 12, 14]

#### **Plain, Buffalo or BBQ Boneless Chicken Bites:**

**€6.00** Chipotle aioli or Blue Cheese [1, 4, 5, 8]

#### **Patatas Bravas: €4.50**

Salsa, garlic aioli [V] [1, 5, 8] Add chorizo +€1

#### **Loaded Bacon & Cheese Waffle Fries: €6.00**

Chipotle aioli [1, 2, 4, 5]

#### **Artisan Breads & Dips: €6.00**

Hummus, sun dried tomato pesto, basil pesto [1, 2, 4, 5, 8, 11]

## MAINS

### **GFP Christmas Roast: €14**

Roast turkey, baked ham, rosemary & honey roast root veg & baby potatoes, creamy mashed potato, onion & sage stuffing, gravy

[1, 4, 10, 14]

### **Charcuterie For Two: €28.00/€45.00 with wine**

Selection of cured meats and cheeses, olives, sun-dried tomatoes, stuffed peppers, crackers, basil pesto, sun-dried tomato hummus & rustic breads

[1, 2, 4, 11, 12]

### **Spicy Buffalo or Sticky Bourbon Wings: €12.00**

Celery sticks, Cashel blue cheese dip, rustic fries [1, 4, 5, 8, 9, 10, 11, 12, 14]

### **Cajun Chicken Quesadillas: €12.00**

Monterey Jack, guacamole, sour cream, salsa, rustic fries [1, 4, 5, 8, 12]

### **Hereford Beef Burger: €12.00**

Cheese, Bacon, Red Onion, Lettuce, Tomato, Relish & Aioli with Fries [1, 4, 5, 10, 12]

### **Chicken Goujons & Chips: €10.00**

Plain, BBQ or Buffalo goujons [1, 4, 5, 8]

### **Thai Red Vegetable Curry: €11.00**

With Basmati Rice [VE] [GF] [8, 14]

Add Chicken +€2, Prawns +€3

### **Chicken & chorizo penne pasta: €12.00**

Sundried tomato & shallot prosecco cream, parmesan & rocket [1, 4, 12]

### **Crispy Chicken Burger: €12:00**

Brioche Bun, Chipotle Aioli, Lettuce, Tomato & Red Onion, Rustic Fries [1, 4, 5, 10, 12] Add Bacon +€1.50

## SIDES

Fries €3.00 [1]

Sweet Potato Fries €4.00 [1]

Waffle Fries €4.00 [1] Add Cheese & Bacon +€2

## KIDS MENU

Sausages & Chips €6.00 [1, 10]

Ham & Cheese Toastie €4.50 [1, 4, 10]

Goujons & Chips €6.00 [1, 10, 11]

Pasta (Plain, Tomato Sauce or Pesto) €5.00 [1, 5]

Add Chicken +€1

## SAUCES

Chipotle Aioli €0.50 [4, 5]

Garlic Aioli €0.50 [4, 5]

Sweet Chilli Sauce €0.50

## DESSERTS

Ben & Jerry's €3.00/€7.50

Chocolate Brownie €4.00 [GF] [2, 4, 5, 15]

Carrot & Walnut cake €4.00 [GF] [2, 4, 5]

Apple & Cinnamon Crumble €4.00 [1, 4, 5]

Snickers Cake €3.50 [GF] [2, 3, 4, 5, 8]

Chocolate Squares €3.50

(Toblerone, Krispie, Snickers Rocky Road)

[1, 2, 3, 4, 5, 8]

Salted Caramel Roulade €4.00 [GF] [4, 5, 8]

Raspberry & White Chocolate Roulade €4.00 [GF] [4,5,8]

Caramel & Pecan Brownie €3.50 [1, 2, 4, 5, 15]

Lemon Meringue Tartlet €4.00 [1, 4, 5, 8]

## MINERALS

San Pellegrino Orange/Lemon €2.00

Wild Orchard Lemonades €3.00

Juice – Orange, Apple, Carrot & Apple €3.00

Smoothies €3.00

All About Kombucha €4.50

Coca Cola/Diet Coke Can €1.50

7up/7up Free Can €1.50

Club Orange Can €1.50

Ballygowan Water Still or Sparkling Water €1.50

## ALCOHOL

### **Red Wine**

House Red – Butterfly Ridge, Shiraz Cabernet €20.00

Doppio Passo, Primitivo €20.00

### **White Wine**

House White - Casa Carmela, Macabeo €20.00

Goldwater, Sauvignon Blanc €20.00

Masottina, Prosecco €20.00

### **Beer**

Bottle of Corona €3.50

Bottle of Heineken €3.50

6 pack of Corona €20.00

6 pack of Heineken €20.00

## HOT DRINKS

Espresso €2.25

Americano €2.70

Cappuccino €3.00 [4]

Latte / Flat white / Mocha / Chai Latte €3.00 [4]

Hot chocolate €3.50 [4]

Iced Americano €3.50

Iced Latte / Iced Mocha €4.50 [4]

Tea €2.50

## ALLERGEN KEY

1. Contains gluten 2. Nuts 3. Peanuts 4. Milk 5. Eggs 6. Fish 7. Shellfish/crustaceans 8. Soybeans 9. Molluscs 10. Mustard 11. Sesame seeds 12. Sulphur dioxide 13. Lupin 14. Celery 15. Varies (please ask your server) [GF] Gluten Free | [VE] Vegan | [V] Vegetarian