

GOURMET FOOD PARLOUR

- lunch set menu -

2 courses €18 | 3 courses €22

starters

SOUP OF THE DAY

Rustic bread [please ask your server] [1,15]

CHICKEN WINGS

Celery sticks [1,5,8,9,10,11,12,14]

CHICKEN & BACON CAESAR

Roast chicken, Irish bacon, Cos lettuce, croutons, parmesan shavings, Caesar dressing [1,4,5,6,8]

ARTISAN BREADS & DIPS

Hummus, sundried tomato pesto, basil pesto [V] [1,2,4,8,11]

SUPERFOOD SALAD

Quinoa, beetroot, butternut squash, pomegranate, mixed leaves,
citrus dressing, toasted seeds [VE] [GF] [8]

Add: Chicken + 2.00 | Smoked salmon [6] + 2.00

main courses

CAJUN CHICKEN QUESADILLAS

Monterey Jack, guacamole, sour cream, salsa, rustic fries [1,4,5,8,12]

IRISH HEREFORD BEEF BURGER

Streaky hickory bacon, Dubliner cheddar, lettuce, beef tomato, gherkin, tomato relish, brioche bun, rustic fries
[1,4,5,10,12] Please allow 15 minutes

SCAMPI & CHIPS

Golden crumbed prawns, rustic fries, citrus salad, tartar sauce [1,7,10]

THREE BEAN [VE] OR CHICKEN THAI RED CURRY

Steamed basmati rice [GF] [8,14]

desserts

Raspberry Roulade [GF] [4,5]

Carrot Cake [GF] [2,4,5]

Toblerone Cheesecake [GF] [1,2,4,5]

- allergen keys -

1. Contains gluten 2. Nuts 3. Peanuts 4. Milk 5. Eggs 6. Fish 7. Shellfish/crustaceans 8. Soybeans 9. Molluscs
10. Mustard 11. Sesame seeds 12. Sulphur dioxide 13. Lupin 14. Celery 15. Varies (please ask your server)