

DAY MENU

salads

THE FAMOUS CLONAKILTY 8.50
Clonakilty black pudding, Irish bacon, mixed leaves, cucumber, red onion, vine tomatoes, balsamic dressing [1,8,12]

CHICKEN & BACON CAESAR 8.50
Roast chicken, Irish bacon, Cos lettuce, croutons, parmesan shavings, Caesar dressing [1,4,5,6,8]

SUPERFOOD 8.00
Quinoa, beetroot, butternut squash, pomegranate, mixed leaves, citrus dressing, toasted seeds [VE] [GF] [8]
Add: Chicken + 2.00 | Smoked salmon [6] + 2.00

GRILLED GOAT'S CHEESE 7.50
Beetroot, apple, toasted walnuts, rocket, aged balsamic [V] [GF] [2,4]

mains

CAJUN CHICKEN QUESADILLAS 11.00
Monterey Jack, guacamole, sour cream, salsa, rustic fries [1,4,5,8,12]

BBQ PORK QUESADILLAS 11.00
Tobacco onions, Monterey Jack, salsa, sour cream, rustic fries [1,4,8,10,12]

BURGER IN A BOWL 10.00
Irish Hereford beef burger, goat's cheese, spinach, sundried tomatoes, red onion, olives, cucumber, choice of pesto, balsamic or relish dressing [GF] [2,4,5,8,11,12] [Please allow 15 minutes]

SIGNATURE BEEF BURGER 11.00
Irish Hereford beef burger, streaky Hickory bacon, Dubliner cheddar, lettuce, beef tomato, tomato relish, garlic aioli, brioche bun, rustic fries [1,4,5,10,12] [Please allow 15 minutes]
Double your beef + 4.00

SPICY BUFFALO OR STICKY BOURBON WINGS 11.00
Celery sticks, Cashel blue cheese or ranch dip, rustic fries [1,4,5,8,9,10,11,12,14]

SCAMPI & CHIPS 11.00
Golden crumbed prawns, rustic fries, citrus salad, tartar sauce [1,7,10]

THREE BEAN THAI RED CURRY 11.00
Steamed basmati rice [VE] [GF] [8,14]
Add: Chicken + 2.00 | Prawns [7] + 3.00

GOURMET FOOD PARLOUR

TAKE-AWAY MENU

To order, call us on 01-8957565

sandwiches

SUPERFOOD WRAP 5.85
Quinoa, butternut squash, mixed leaves, hummus, beetroot, toasted wrap [VE] [1]
Add: Feta + 1.00 | Chicken + 2.00

GRILLED GOAT'S CHEESE 5.85
Goat's cheese, sundried tomatoes, rocket, red onion marmalade, toasted ciabatta [V] [1,4,8,10,12]

FAMOUS ROAST CHICKEN 6.00
Roast chicken, stuffing, garlic aioli, spring onion, Bretzel granary [1,4,5,8,11]

TURKEY REUBEN 6.00
Roast turkey, Swiss cheese, vine tomatoes, mixed leaves, chipotle aioli, toasted Bretzel sourdough [1,4,5,10,12]

add soup to your sandwich + 3.00

sides

Garlic bread [1,4] 3.50
Rustic fries, garlic aioli [1,5] 4.00
Sweet potato fries, garlic aioli [1,4,5] 5.00
Waffle fries, chipotle aioli [1,5,10,12] 5.00

[GF] gluten free | [V] vegetarian | [VE] vegan

specials

PLEASE ASK YOUR SERVER [15]

SOUP OF THE DAY 4.00

SANDWICH OF THE WEEK 6.00

PASTA OF THE WEEK 12.00

SALAD OF THE WEEK 12.00

allergen keys

1. Contains gluten 2. Nuts 3. Peanuts 4. Milk 5. Eggs
6. Fish 7. Shellfish/crustaceans 8. Soybeans 9. Molluscs
10. Mustard 11. Sesame seeds 12. Sulphur dioxide
13. Lupin 14. Celery 15. Varies (please ask your server)

DAY MENU

the classics

AMERICAN PANCAKES 8.50
Buttermilk pancakes [V] [1,4,5]
With your choice of: Berries & maple syrup | Banana & Nutella [2]
Add: Streaky Irish bacon, rocket, maple syrup + 1.00

SMASHED AVOCADO, CHILLI JAM, SOURDOUGH TOAST [VE] 6.00
**Add: Toasted seeds [VE] + 1.00 | Herby fried button mushrooms [VE] + 1.50
Pancetta & poached eggs [5] + 3.00**

FARMHOUSE PLATE 10.00
Irish bacon, scrambled eggs, pork sausage, onion & chive potato cake,
Clonakilty black & white pudding, tomato relish, Bretzel toast [1,4,5,10,12]

GFP FAMOUS SCRAMBLED EGGS 6.00
Chives, Bretzel toast [V] [1,4,5,11]
To funk it up, check out our **'something extra'** below

KICKSTART BREAKFAST 8.50
Irish bacon, poached eggs, guacamole, sweet potato rosti, cherry tomatoes,
Bretzel toast [1,4,5,11]

WOODLAND BREAKFAST 8.50
Scrambled eggs, onion & chive potato cake, herby fried mushrooms,
cherry tomatoes, Bretzel toast [V] [1,4,5,11]
Add: smashed avocado + 2.50

VEGAN FULL IRISH 7.00
Vegan Clonakilty pudding, GFP beans, herby fried mushrooms, cherry
tomatoes, Bretzel toast [VE] [1]

something extra

Sweet potato rosti [1,5]	2.50
GFP beans [GF]	2.00
Smashed avocado [GF]	2.50
Pork sausages [1]	2.50
Irish bacon [GF]	2.50
Clonakilty black & white pudding [1]	2.50
Smoked salmon [GF] [6]	3.00

GOURMET FOOD PARLOUR

TAKE-AWAY MENU

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drinks

COFFEE	REG	LRG
Espresso	2.25	2.50
Americano	2.70	3.00
Flat white [4]	3.00	3.30
Cappuccino [4]	3.00	3.30
Café latte [4]	3.00	3.30
Café mocha [4]	3.00	3.30
Chai latte [4]	3.00	3.30
Hot chocolate with marshmallows [4]	3.25	3.50

TEAS

Irish breakfast tea	2.50
Java Republic Tea Pillows	2.50
Peppermint Earl grey Green tea Chamomile Wild berry	

REFRESHMENTS

Water	2.00
Smoothies	3.00
Lemonades	3.50
Soft drinks	2.75

desserts

Scones / pastries	2.75
Gourmet cookies [1,4,5,8]	2.75
Selection of muffins [1,4,5,8]	3.25
Belgian chocolate squares [1,4,5,8]	4.00
Lemon meringue [1,2,4,5]	5.50
Toblerone cheesecake [1,4,5,8]	5.50

GLUTEN FREE OPTIONS

Chocolate brownie [GF] [2,4,5,8]	4.25
Banana & walnut cake [GF] [2,4,5]	4.25
Carrot cake [GF] [2,4,5]	4.25
Peanut & caramel Snickers cake [GF] [2,3,4,5,8]	4.25
Raspberry roulade [GF] [4,5]	5.50
Dairy free chocolate fudge cake [GF] [5]	5.50

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