



## THE BREAKFAST MENU | MON - FRI, 9AM -12PM

### MAINS

#### GFP'S Breakfast Blaa 7.50

Irish bacon, pork sausage, tomato relish, fried egg, soft blaa [1,10,12]  
Add: Black or White Pudding + 2.00

#### Breakfast Wrap 7.00

Irish bacon, scrambled eggs, tomato relish, toasted wrap [1,4,5,10]  
Add: Clonakilty black or white pudding + 2.00

#### Huevos Rancheros 10.00

Fried eggs, Hegarty's cheddar, kidney beans, salsa, sour cream, guacamole, tortilla wrap [V] [1,4,5]  
Add: Chorizo [12] + 1.00 | Crumbled Clonakilty black pudding [1] + 2.00

#### Belgian Waffles 9.00

With your choice of Banana, strawberry & Nutella [1,2]  
Or Streaky bacon, rocket, maple syrup + 1.00

#### Smashed Avocado, Pancetta & Poached Eggs 11.00

Chilli jam, sourdough toast [1,5]

#### Farmhouse Plate 11.50

Irish bacon, scrambled eggs, pork sausage, onion & chive potato cake, Clonakilty black & white pudding, tomato relish, Soho toast [1,4,5,10,12]

#### GFP Famous Scrambled Eggs 7.00

Chives, Soho toast [V] [1,4,5,11]  
Add chorizo + 1.00

#### Kickstart Breakfast 9.50

Irish bacon, poached eggs, guacamole, onion & chive potato cake, cherry tomatoes, Soho toast [1,4,5,11]

#### Eggs Benedict 10.00

Irish bacon, poached eggs, hollandaise, toasted English muffin [1,4,5,10,11,12]

#### Woodland Breakfast 10.50

Scrambled eggs, onion & chive potato cake, herby fried mushrooms, cherry tomatoes, Soho toast [V] [1,4,5,11]  
Add: Smashed avocado + 2.50

#### Vegan Full Irish 9.50

Vegan Clonakilty pudding, sausages, GFP beans, herby fried mushrooms, cherry tomatoes, Soho toast [VE] [1]

#### Smashed Avocado, Toasted seeds, Herby Fried Button Mushrooms [VE] 10.00

Chilli jam, sourdough toast [1]

#### Vegan Sausage Sambo 7.00

Toasted ciabatta, tomato salsa [1]

### SOMETHING EXTRA

Clonakilty black & white pudding [1] 2.50  
Rustic fries, garlic aioli [1,5] 4.00  
Sweet potato fries, garlic aioli [1,4,5] 5.00  
Waffle fries, chipotle aioli [1,5,10,12] 5.00  
GFP beans [GF] 2.00

Maple syrup 1.00  
Potato cake 1.50  
Smashed avocado [GF] 2.50  
2 Pork sausages [1] 2.50  
2 Irish bacon [GF] 2.50  
Add dips + 0.50

## DESSERTS

Gourmet Cookies [1,4,5,8]	3.00	Nutella Cheesecake [1,2,3,4,5,8]	6.00
Selection of Muffins [1,4,5,8]	3.50	Warm Berry Crumble [1,2,4,5,15]	6.00
Belgian Chocolate Squares [1,4,5,8] Rocky Road, Toblerone Square, Snickers Rocky Road	4.25	GF Carrot Cake Squares [2,4,5]	4.75
Toffee Krispy Traybake [1,4,5,8]	4.25	GF Snickers Cake [2,3,4,5,8]	3.50
Lemon Meringue [4,5,8]	5.50	GF Raspberry & White Choc Roulade [4,5,8]	6.00
Strawberry Cheesecake [4,5,8]	6.00	GF Salted Caramel Roulade [4,5,8]	6.00

## BEVERAGES

			<i>Small</i>	<i>Large</i>
Pellegrino Orange	3.00	Carrot & Apple Juice		3.75
San Pellegrino Lemon	3.00	Apple Juice		3.75
Wild Orchard Cloudy Lemonade	3.50	Fíor Uisce Still or Sparkling Water	1.75	3.50
Wild Orchard Rhubarb & Ginger Lemonade	3.50			
Wild Orchard Pink Lemonade	3.50	<b>CANS</b>		2.75
		Coca Cola, Diet Coke, 7up, 7up Free, Club Orange		

### COFFEE

Espresso [4]	2.50	<i>ICED</i>	
Americano	2.95		3.50
Flat White [4]	3.25		
Cappuccino [4]	3.25		
Café Latté [4]	3.25		4.50
Café Mocha [4]	3.25		4.50
Chai Latté [4]	3.25		4.50
Add a shot of syrup	+ .70		

### TEAS

Irish Breakfast Tea	2.75
Java Republic Tea Pillows	2.90

### HOT CHOCOLATE

Hot Chocolate	3.50
With marshmallows [4]	

## ALLERGEN KEY

1. Contains gluten 2. Nuts 3. Peanuts 4. Milk 5. Eggs 6. Fish 7. Shellfish/crustaceans 8. Soybeans 9. Molluscs 10. Mustard 11. Sesame seeds  
12. Sulphur dioxide 13. Lupin 14. Celery 15. Varies (please ask your server) [GF] Gluten Free | [VE] Vegan | [V] Vegetarian