

GOURMET FOOD PARLOUR

brunch menu

the classics

HUEVOS RANCHEROS

Fried eggs, Hegarty's cheddar, kidney beans, salsa, sour cream, guacamole, tortilla wrap [V] [1,4,5,8]
Add: Chorizo [12] + 1.00 | Crumbled Clonakilty black pudding [1] + 2.00

AMERICAN PANCAKES

Buttermilk pancakes [V] [1,4,5]
With your choice of: Streaky Irish bacon, rocket, maple syrup | Berries & maple syrup | Banana & Nutella [2]

SMASHED AVOCADO, CHILLI JAM, SOURDOUGH TOAST [VE]

Add: Toasted seeds [VE] + 1.50 | Herby fried button mushrooms [VE] + 2.50 | Pancetta & poached eggs [5] + 4.00

FARMHOUSE PLATE

Irish bacon, scrambled eggs, pork sausage, onion & chive potato cake, Clonakilty black & white pudding, tomato relish, Bretzel toast [1,4,5,10,12]

GFP FAMOUS SCRAMBLED EGGS

Chives, Bretzel toast [V] [1,4,5,11]

KICKSTART BREAKFAST

Irish bacon, poached eggs, guacamole, sweet potato rosti, cherry tomatoes, Bretzel toast [1,4,5,11]

WOODLAND BREAKFAST

Scrambled eggs, onion & chive potato cake, herby fried mushrooms, cherry tomatoes, Bretzel toast [V] [1,4,5,11]

VEGAN FULL IRISH

GFP beans, herby fried mushrooms, cherry tomatoes, Bretzel toast [VE] [1]

EGGS BENEDICT

Irish bacon, poached eggs, hollandaise, toasted English muffin [1,4,5,10,11,12]
Swap for: Smoked salmon [6] + 1.50

sandwiches

SUPERFOOD WRAP

Quinoa, butternut squash, mixed leaves, hummus, beetroot, toasted wrap [VE] [1]
Add: Feta + 1.00 | Chicken + 2.00

GRILLED GOAT'S CHEESE

Goat's cheese, sundried tomatoes, rocket, red onion marmalade, toasted ciabatta [V] [1,4,8,10,12]

FAMOUS ROAST CHICKEN

Roast chicken, stuffing, garlic aioli, spring onion, Bretzel granary [1,4,5,8,11]

TURKEY REUBEN

Roast turkey, Swiss cheese, vine tomatoes, mixed leaves, chipotle aioli, toasted Bretzel sourdough [1,4,5,10,12]


ADD A CUP OF SOUP [15]

allergen keys

1. Contains gluten
2. Nuts
3. Peanuts
4. Milk
5. Eggs
6. Fish
7. Shellfish/crustaceans
8. Soybeans
9. Molluscs
10. Mustard
11. Sesame seeds
12. Sulphur dioxide
13. Lupin
14. Celery
15. Varies (please ask your server)

the main event

SPICY BUFFALO OR STICKY BOURBON WINGS 14.00
Celery sticks, Cashel blue cheese or ranch dip, rustic fries [1,4,5,8,9,10,11,12,14]

BURGER IN A BOWL  14.50
Irish Hereford beef burger, goat's cheese, spinach, sundried tomatoes, red onion, olives, cucumber, choice of pesto, balsamic or relish dressing [GF] [2,4,5,8,11,12] [Please allow 15 minutes]

SIGNATURE BEEF BURGER 14.50
Irish Hereford beef burger, streaky Hickory bacon, Dubliner cheddar, lettuce, beef tomato, tomato relish, garlic aioli, brioche bun, rustic fries [1,4,5,10,12] [Please allow 15 minutes]

SCAMPI & CHIPS 16.00
Golden crumbed prawns, rustic fries, citrus salad, tartar sauce [1,7,10]

CAJUN CHICKEN QUESADILLAS 14.50
Monterey Jack, guacamole, sour cream, salsa, rustic fries [1,4,5,8,12]

BBQ PORK QUESADILLAS 14.50
Tobacco onions, Monterey Jack, salsa, sour cream, rustic fries [1,4,8,10,12]


STEAK SAMBO 16.00
Sirloin steak cooked to your liking, fried egg, tobacco onions, chipotle aioli, toasted ciabatta, rustic fries [1,4,5,12]

FALAFEL PLATE 14.00
Falafel balls, hummus, roast beets, cucumber & rocket salad, tzatziki [VE] [GF]

THREE BEAN THAI RED CURRY 13.00
Steamed basmati rice [VE] [GF] [8,14]
Add: Chicken + 2.00 | Prawns [7] + 3.00

salads

THE FAMOUS CLONAKILTY 13.00
Clonakilty black pudding, Irish bacon, mixed leaves, cucumber, red onion, vine tomatoes, balsamic dressing [1,8,12]

SUPERFOOD  12.00
Quinoa, beetroot, butternut squash, pomegranate, mixed leaves, citrus dressing, toasted seeds [VE] [GF] [8]
Add: Chicken + 2.00 | Smoked salmon [6] + 2.00

CHICKEN & BACON CAESAR 13.00
Roast chicken, Irish bacon, Cos lettuce, croutons, parmesan shavings, Caesar dressing [1,4,5,6,8]

GRILLED GOAT'S CHEESE 13.00
Beetroot, apple, toasted walnuts, rocket, aged balsamic [V] [GF] [2,4]

upgrade your fries

Sweet potato fries + 1.00 | Waffle fries + 2.00 | Patatas bravas + 2.00

something extra

Homemade soup, rustic bread [15] 6.00
Sweet potato rosti [1,5] 2.50
Garlic bread [1,4] 3.50
GFP beans [GF] 2.00
Smashed avocado [GF] 2.50
Pork sausages [1] 2.50
Irish bacon [GF] 2.50
Clonakilty black & white pudding [1] 2.50
Smoked salmon [GF] [6] 3.00
Rustic fries, garlic aioli [1,5] 4.00
Sweet potato fries, garlic aioli [1,4,5] 5.00
Waffle fries, chipotle aioli [1,5,10,12] 5.00

we use Heinz seriously good mayonnaise! | gluten free bread available

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brunch menu

prosecco

PROSECCO	GLASS	BOTTLE
Massottina, Prosecco Frizzante	8.00	32.00
BELLINI	9.00	
KIR ROYALE	9.00	
MIMOSA	9.00	

wines

WHITE	GLASS	BOTTLE
HOUSE El Muro, Macabeo	6.00	23.00
HOUSE Goldwater, Sauvignon Blanc	6.50	26.00
Il Bucco, Pinot Grigio		27.00
Butterfly Ridge, Riesling		28.00
RED		
HOUSE El Muro, Tempranillo Garnacha	6.00	23.00
HOUSE Butterfly Ridge, Shiraz Cabernet	6.50	26.00
Butchers Block, Malbec		27.00
Il Bucco, Montepulciano d'Abruzzo		27.00
ROSÉ		
Caves de l'Angevine Rosé d'Anjou	7.50	28.00

refreshments

Wild Orchard Juices Apple Orange Carrot & apple	3.50
Wild Orchard Smoothies Strawberry Blackberry & blueberry Mango	3.50
Lemonades Regular lemonade Pink lemonade Rhubarb & ginger	3.75
Kombucha Ancient Chinese naturally carbonated & refreshing beverage Pear Ginger	4.50
Soft Drinks Coke 7UP Club Orange San Pellegrino Diet Coke 7UP Free Coke Zero	2.75 2.50
Still or sparkling filtered water	1.00

foodflicker symbol

FoodFlicker is dedicated to providing tasty & nutritious recipes combined with the latest nutrition & performance science. Look out for the logo, these are FoodFlicker approved dishes!

hot cup

COFFEE

Espresso	2.25
Americano	2.70
Flat white [4]	3.00
Cappuccino [4]	3.00
Café latte [4]	3.00
Café mocha [4]	3.00
Chai latte [4]	3.00
Hot chocolate with marshmallows [4]	3.50
Shot of vanilla, hazelnut [2] or caramel	+70
Make it a decaf	+50
Add soya [8] or almond milk [2]	+50

TEAS

Irish breakfast tea	2.50
Java Republic Tea Pillows Peppermint Earl grey Green tea Chamomile Wild berry	2.75

dessert corner

Gourmet cookies [1,4,5,8]	2.75
Selection of muffins [1,4,5,8]	3.50
Belgian chocolate squares [1,4,5,8] Chocolate biscuit cake Rocky road Malteaser square Toblerone square	3.25
Lemon meringue [1,2,4,5]	5.50
Toblerone cheesecake [1,4,5,8]	5.50
Salted caramel cake [1,4,5,8]	5.90

GLUTEN FREE OPTIONS

Chocolate brownie [GF] [2,4,5,8]	4.00
Banana & walnut cake [GF] [2,4,5]	4.00
Carrot cake [GF] [2,4,5]	4.00
Peanut & caramel Snickers cake [GF] [2,3,4,5,8]	4.00
Raspberry roulade [GF] [4,5]	5.50
Dairy free chocolate fudge cake [GF] [5]	5.50

[GF] gluten free | [V] vegetarian | [VE] vegan

the supporting acts

PALLAS FOODS | KEELINGS | BRETZEL BAKERY | EMILE PATISSIER
WILD ORCHARD | LA ROUSSE | TINDAL WINES | CLASSIC DRINKS
O'BRIENS | WRIGHTS SEAFOOD | GREENBEAN | HEINZ
FOODCO | MUSGRAVES

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9. Molluscs
10. Mustard
11. Sesame seeds
12. Sulphur dioxide
13. Lupin
14. Celery
15. Varies (please ask your server)

if you have an allergy, please speak to a member of our team as our food is made to order and we will do our best to accomodate you